

New York State Children & Family Trust Fund

2009 Annual Report



David A. Paterson, Governor



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New York State Children & Family Trust Fund 2009 Annual Report



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■ **Strengthening Families: A Smart Investment**

In a challenging economic climate, families often find themselves coping with increased stress on several fronts. This can lead to increased risk of family violence.

Violence within families can be devastating. Whether it's child abuse, domestic violence or elder abuse, it can cause deep and lasting harm. Prevention of family violence not only avoids the immediate emotional and physical effects, it can also reduce long-term effects. Research links family violence to substance abuse, chronic diseases, cognitive impairments, inter-generational abuse and other conditions that result in high costs to both the victim and society.

Through the William B. Hoyt Memorial Children and Family Trust Fund (Trust Fund), New York State works to prevent family violence. Created in 1984, the Trust Fund combats the spectrum of family violence by investing in services to strengthen families across New York State.

This Annual Report provides details about the use of resources and the impact on children, adults and communities in 2009. More in-depth information about the Trust Fund is available by contacting the New York State Office of Children and Family Services (OCFS).

■ **Shaped by Research**

Trust Fund initiatives use research and experience to shape their programs. Evidence-based parenting workshops and model programs backed by multi-year research are balanced with approaches customized to address the unique needs and challenges of each family.

The Trust Fund works with programs to collect data and initiates research to identify recommended practices and continuously enhance programs. Research conducted in 2009 included a study to evaluate the outcomes of Family Resource Centers (FRCs). Using a tool based on the Parenting Practices Inventory (PPI) and Adult-Adolescent Parenting Inventory (AAPI), families were assessed at eight FRCs. Initial results indicate that participants with lowest parenting scores at baseline were most likely to show improvement at follow up in all measures including, but not limited to, appropriate expectations of children, rejection of corporal punishment and appropriate parent-child roles. A report on the study, including the design and implementation of the work and plans for further analysis, will be available in 2010.

Research has also been conducted on the Shaken Baby Syndrome Prevention (SBS) project. This project has

shown a 50% sustained decrease in the incidence of SBS in the Western NY Region. In 2009, over 46,000 parents of newborns received information through the project—close to 90% of live births in the service area.

One Trust Fund project is doing ground-breaking research on elder abuse. The New York State Elder Abuse Prevalence Study is expected to identify the scope of elder abuse and those most likely to be victimized. This information can help to establish priorities for allocating resources and create policies to address the needs of our growing elderly population and their families.

■ **Meaningful Outcomes**

In 2009, 28 organizations received grants through the Trust Fund. Services supported by the Trust Fund are based on a strength-based philosophy with respect for the skills, experiences and culture of those participating. The programs work as partners with parents, caregivers and children to create brighter futures.

The Trust Fund supports four types of programs.

- child abuse prevention and family support, including Family Resource Centers
- domestic violence prevention and services
- elder abuse prevention and services
- statewide initiatives

Programs work hard to strengthen families. Each type of program has specific outcomes.

Child Abuse Prevention programs help families to enhance factors that protect against child abuse which includes:

- increased nurturing and attachment between child and caregiver
- increased knowledge of parenting, and of child/youth development
- improved caregiver resilience to cope with stress
- increased social connections
- access to concrete supports
- reduced incidence of Shaken Baby Syndrome

Elder Abuse Prevention program outcomes include:

- increased recognition of elder abuse and knowledge of related community resources
- improved safety for elders exposed to family violence
- documented prevalence of elder abuse in New York State

Domestic Violence program outcomes include:

- improved behaviors and/or social skills for children exposed to family violence
- improved safety for children and adults experiencing domestic violence
- improved interaction between parent and child
- improved parenting skills

■ Making a Difference

Trust Fund supported programs help transform lives, in big and small ways, each day. In 2009, more than 66,000 children, adults, and community members were assisted through services, support and educational programs.

Of course, numbers only tell one aspect of the Trust Fund. Below are just a few examples of children and adults who benefitted from the Trust Fund.

“Ginger” began participating in family resource center services after drug rehab and reuniting with her ex-husband and five children aged 2-14. She learned to set boundaries and stick to them, and now engages her children in educational activities and attends school functions. Ginger has also started making friends with other Center participants and is establishing a support system for the first time in her life

Excerpted from success story submitted by a Family Resource Center

An 88 year old female was a victim of verbal and emotional abuse, neglect and financial exploitation by her step-daughter and step-granddaughter. The case manager worked with adult protective services, county District Attorney’s office and a friend of the client to dramatically improve the client’s well-being. The client now lives safely, and criminal charges are pending.

Excerpted from success story submitted by elder abuse prevention program

“Better awareness and understanding of how to deal with kids when you are stressed... and learning how to take time out.” “Collective input from each other gives us more resources which help us make wiser decisions.”

Quotes from fathers’ focus group in response to the question ‘What did you gain from your participation?’

Ms. X is the kinship foster mother of “Sarah.” They have been receiving home visits since September 2008. Sarah is excited when the home visitor arrives and she eagerly participates with the caregiver in the session. Her verbal

skills have improved and she is now using complete sentences. Because Ms. X has seen the benefit of parent/child bonding, she now allows Sarah’s mother to do the sessions with Sarah. This has improved the interaction and the bond between Sarah and her mother. Ms. X and Sarah’s mother feel that the program has had a positive impact on them and Sarah.

Excerpted from year-end report from Parent-Child Home visiting project

“Last year I had this program [funded by the Trust Fund] in my school. We learned about getting help if we feel upset by someone...and I remembered that.”

From child who got help from an adult when a stranger asked her to come with him.

- 80% felt more confident about their parenting abilities.
 - 50% felt conflict within their family had decreased.
 - 50% felt more positive about themselves as parents
- From workshop evaluations completed by participants in parenting workshops in the fall of 2009

■ Cross-Systems Collaborations

In addition to providing technical assistance and collaborating with programs to enhance services, the Trust Fund is part of other activities and initiatives that support children and families.

Trust Fund staff participate in a variety of forums that increase communication and collaboration between child welfare agencies and community-based programs. These collaborations are an effective way for the Trust Fund to share solutions and stretch resources. It also helps engage others in the important work of strengthening families to prevent and reduce the risk of harm.

Promoting Safety and Well-Being of Families

Through the Trust Fund, OCFS takes action to promote the healthy development of children and families.

Parenting Education

OCFS, in partnership with the New York State Council on Children and Families, Prevent Child Abuse New York, and Office of Mental Health convenes the New York State Parenting Education Partnership (NYSPEP). By increasing factors that protect against child abuse and maltreatment, parenting education can lead to improved health and safety for children. NYSPEP workgroups are addressing issues such as encouraging more families to seek support, using evidence-based practices, and offering opportunities for professional development and recognition. See www.

parentingeducationpartnership.org for more details and a list of parenting programs across the state.

Programs are increasing their use of evidence-based parenting education models. In 2009, ten Family Resource Centers were trained to offer “The Incredible Years.” Family Resource Centers continued to incorporate workshops designed by *Zero to Three*, nationally recognized leaders in the use of science-based information and tools to nurture young children’s development. The workshops are conducted in partnership with early care and education programs.

New York Loves Safe Babies

OCFS leads this committee in collaboration with New York State Department of Health. The committee coordinates initiatives, shares resources and creates materials to keep children safe and healthy. In 2009, 135,783 publications were sent to fill requests from family-serving programs, individuals, county government, health care providers and other organizations. The publications come in a variety of formats such as brochures, tip sheets and memo boards. All materials are available in both English and Spanish; some are available in other languages as well.

- Helpful Tips to Keep Your Baby Safe (tip sheets)
 - Safe to Sleep
 - Sudden Infant Death Syndrome (SIDS)
 - Traumatic Brain Injury (TBI)
 - Shaken Baby Syndrome (SBS)
 - Safe at Play
 - In or Around Vehicles
- Keeping Sleeping Babies Safer brochure
- Personalized Safety Tips and Emergency Contact Sheet for Baby Sitters

These publications can be downloaded and ordered on the OCFS website at: www.ocfs.state.ny.us/main/prevention/tips.asp.

Links to Local Initiatives

The Trust Fund compliments and enhances efforts implemented at the local level.

Collaboration with Local Government

In communities across the state, Trust Fund programs work closely with local Departments of Social Services (DSS) and Administration for Children’s Services (ACS) in New York City, courts and health departments. Through referrals, coordination of services, and identification of emerging needs, programs help prevent family violence and

provide a safety net for families. Some programs provide safe and welcoming space for others to provide services such as:

- Early Intervention services
- therapeutic services
- supervised visitation
- facilitated enrollment in health insurance programs
- clothes closets and food pantries

Family Engagement

Trust Fund programs embody the philosophy that each individual has positive abilities and resources. This “strength-based” approach encourages families to identify and shape the services that best support their needs. This mirrors the family engagement approach that local social service districts are implementing across the state.

Putting Recommendations into Action

Through its commitment to prevention and the lens of family violence, the Trust Fund is addressing recommendations from a range of OCFS initiatives and ad hoc groups. The Elder Abuse Prevalence Study grew out of the 2004 statewide Elder Abuse Summit. Many programs provide resources and services that address the 2009 recommendations from the New York State Citizen’s Review Panels for Child Protective Services. This includes preventing shaken baby syndrome, increased access to parenting education programs, and providing home visiting services; Trust fund community-based programs offer alternatives and resources for the Family Assessment Response (FAR) approach to reducing risk of child abuse and system intervention.

Other Collaborations

The Trust Fund and OCFS continue to participate in other forums and with a variety of organizations including:

- New York State Council on Children and Families
- New York State Department of Health
- National Alliance of Children’s Trust Fund and Prevention Funds
- Prevent Child Abuse New York
- Zero to Three, a national organization that works to improve the lives of infants and toddlers
- Federal Administration for Children and Families

■ Using Funds Wisely

The Trust Fund administers funds from two different sources. One source is the Federal Community Based Child

Abuse Prevention (CBCAP) grant. The other source is New York State funds designated to the Trust Fund. State funds provide a required match for the Federal funds, which maximizes resources for New York’s families.

Programs also forge meaningful partnerships with their communities. Local organizations, individuals and government entities such as local Department of Social Services (DSS) refer families to programs, donate financially, provide in-kind services and volunteer their time. This partnership enables programs to become a foundation for the community and the families they serve.

A full 100% of Trust Fund State funds are awarded to programs. Of the CBCAP funds, approximately 15% is used to offset administrative costs incurred by New York State Office of Children and Family Services.

In 2009, Trust Fund moneys provided 60% of the budget for the funding programs. The remaining 40% of the support for Trust Fund programs came from other sources.

Chart 1 illustrates the sources of funding for Trust Fund programs.

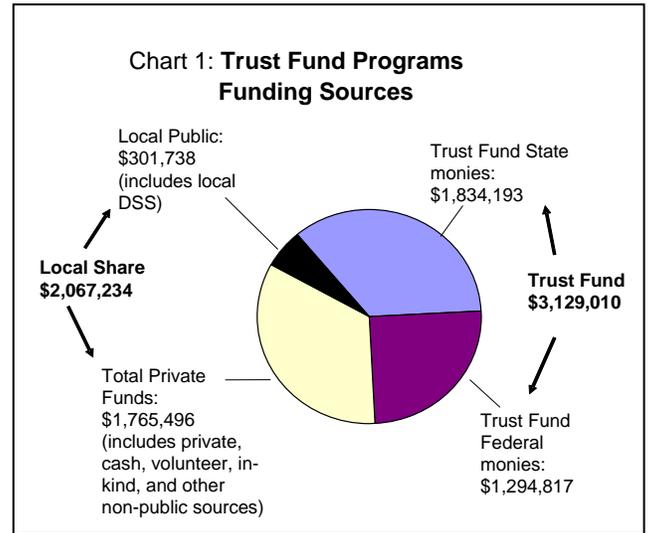


Chart 2 provides details on the amount of public and private funds used for Trust Fund supported programs.

Chart 2: Funding Details

Service type	Trust Fund State allocation	Trust Fund Federal funds (CBCAP)	Local Public Funds ¹ other public entities	Private funds Donations, in-kind services, other grants	Value of services delivered to children and adults
Child abuse	\$1,079,773	\$1,202,226	\$257,796	\$1,698,382	\$4,238,177
Domestic Violence	\$419,992	\$92,591	\$0	\$32,367	\$544,950
Elder Abuse	\$334,428	\$0	\$43,942	\$34,747	\$413,117
Totals	\$1,834,193	\$1,294,817	\$301,738	\$1,765,496	\$5,196,244

¹ Public Funds as reported by Trust Fund programs. Actual totals may be higher.

■ Programs receiving grants in 2009

Most of the 28 programs that received grants serve local communities. Three are statewide initiatives.

Descriptions of programs and the organizations that received funding are included below and on the two following pages.

Family Resource Centers (CA/FRC)

The nationally recognized Family Resource Center (FRC) model is one type of child abuse prevention program supported by the Trust Fund. These programs are supported by the Federal Community Based Child Abuse Prevention (CBCAP) grant administered under the Trust Fund.

FRCs provide vital services to families in a nurturing environment. Services are open to all families, with an emphasis on those at high risk with children ages five and under.

Core services include:

- parent education and support
- parent/child/family activities
- information and referral to other community services
- programs promoting family health
- parent leadership and peer support opportunities

Based on community needs, programs may also link to or provide complementary services such as:

- early childhood education
- early intervention
- job training
- child care
- supervised visitation
- life skills
- basic needs resources
- English as a Second Language (ESL)
- naturalization services
- literacy



The FRC Network of providers meets quarterly to share solutions, develop strategies and give a voice to families served. The Network also enriches other OCFS collaboratives described in this report.

<i>grant recipient</i>	<i>counties served & program location</i>	<i>funding source*</i>	<i>grant amount</i>	<i>program type</i>
Association to Benefit Children	New York County; Manhattan	CBCAP	\$150,000	CA/FRC
Catholic Charities of Montgomery County	Montgomery County; Amsterdam	CBCAP	\$52,890	CA/FRC
Child & Family Resources Inc. of Ontario and Yates Counties	Ontario County; Geneva	CBCAP	\$38,135	CA/FRC
Child Care Coordinating Council of the North Country	Clinton, Essex & Franklin Counties; Plattsburgh, Tupper Lake, Malone, Elizabethtown	CBCAP	\$150,000	CA/FRC
Chinese-American Planning Council, Inc.	New York County; Manhattan	CBCAP	\$45,000	CA/FRC
Cornell Cooperative Extension of Cortland County	Cortland County; Cortland	CBCAP	\$74,996	CA/FRC
Cornell Cooperative Extension of Tioga County	Tioga County; Waverly and Owego	CBCAP	\$88,335	CA/FRC
Family Resource Centers of Crestwood Children's Center	Monroe County; Rochester	CBCAP	\$84,000	CA/FRC
Mothers & Babies Perinatal Network of South Central New York, Inc.	Broome County; Binghamton, Endicott	CBCAP	\$44,595	CA/FRC

Niagara Falls City School District	Niagara County; Niagara Falls	CBCAP	\$150,000	CA/FRC
North Country Prenatal/Perinatal Council, Inc.	St. Lawrence County; Gouverneur	CBCAP	\$77,250	CA/FRC
Phipps Community Development Corporation	Bronx County; Bronx	CBCAP	\$150,000	CA/FRC
Pro-Action of Steuben & Yates, Inc.	Steuben County; Addison, Bath, Corning, Woodhull	CBCAP	\$97,025	CA/FRC

* CBCAP Federal Community Based Child Abuse Prevention (CBCAP) grant.
State New York State funds designated to the Trust Fund.

Child Abuse Prevention Programs (CA)

In addition to the Family Resource Center model, the Trust Fund supports other types of programs working to strengthen families and prevent child abuse through education, home visiting, and family support services.

Each program designs performance measures for their services based on community need, best practice, and the strengths and characteristics of families they serve.

<i>grant recipient</i>	<i>counties served & program location</i>	<i>funding source*</i>	<i>grant amount</i>	<i>program type</i>
Child Abuse Prevention Services	Nassau County; Roslyn	State	\$48,208	CA
Cornell Cooperative Extension Association of Tompkins County	Tompkins County; Groton, Ithaca	State	\$62,784	CA
Gateway Longview	Erie County; Buffalo	State	\$145,009	CA
Homes for the Homeless	New York County; Bronx	State	\$145,500	CA
SCO Family of Services	Kings County; Brooklyn	State	\$144,879	CA
Women's Prison Association	Kings County; East New York	State	\$145,500	CA
<i>also see Statewide Initiatives</i>				

* CBCAP Federal Community Based Child Abuse Prevention (CBCAP) grant.
State New York State funds designated to the Trust Fund.

Elder Abuse Programs (EA)

The Trust Fund supports prevention and intervention services that reach adults over the age of 60 who are, or

may be, at risk of physical abuse, emotional abuse, and/or financial exploitation primarily by family members.

<i>grant recipient</i>	<i>counties served & program location</i>	<i>funding source*</i>	<i>grant amount</i>	<i>program type</i>
Equinox	Albany County; Albany	State	\$60,428	EA
Family Justice Center of Erie County	Erie County; Buffalo	State	\$80,000	EA
<i>also see Statewide Initiatives</i>				

* CBCAP Federal Community Based Child Abuse Prevention (CBCAP) grant.
State New York State funds designated to the Trust Fund.

Domestic Violence Programs (DV)

Programs work with families experiencing, or at risk of, domestic violence. In 2009, services provided included:

- supervised visitation
- group and individual counseling
- parenting education
- safety planning
- advocacy
- school-based prevention programs for elementary grades K-6
- teen dating violence prevention programs

<i>grant recipient</i>	<i>counties served & program location</i>	<i>funding source*</i>	<i>grant amount</i>	<i>program type</i>
Cattaraugus Community Action, Inc.	Cattaraugus County; Salamanca, Olean	State	\$145,306	DV
Oswego County Opportunities, Inc.	Oswego County; Fulton, Richland	State	\$132,890	DV
Putnam/Northern Westchester Women’s Resource Center	Putnam County; Mohopac	State	\$141,796	DV
Salvation Army	Chautauqua County; Jamestown	CBCAP	\$92,591	DV

* CBCAP Federal Community Based Child Abuse Prevention (CBCAP) grant.
 State New York State funds designated to the Trust Fund.

Statewide Initiatives (CA/EA)

Trust Fund allocation of funding includes support for statewide initiatives including education and research.

In 2009, statewide initiatives included:

- research study to assess the prevalence of elder abuse in New York State
- hospital-based education program reaching all parents of newborns in 138 maternity hospitals

<i>grant recipient</i>	<i>counties served & program location</i>	<i>funding source*</i>	<i>grant amount</i>	<i>program type</i>
Children’s Hospital Foundation at Westchester Medical Center	statewide Shaken Baby Syndrome Prevention project in collaboration with Kaleida Health/Women and Children’s Hospital of Buffalo; Valhalla	State	\$194,000	SW/CA
Kaleida Health/Women and Children’s Hospital of Buffalo	statewide Shaken Baby Syndrome Prevention project in collaboration with Children’s Hospital Foundation at Westchester Medical Center; Buffalo	State	\$193,893	SW/CA
Lifespan of Greater Rochester	statewide; Rochester	State	\$194,000	SW/EA

* CBCAP Federal Community Based Child Abuse Prevention (CBCAP) grant.
 State New York State funds designated to the Trust Fund.

■ Additional Information

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Trust Fund 2009 Advisory Board Members

- Paula Campbell
- Bernadette Njoku
- Kenneth Onaitis
- Carolyn Hoyt Stevens
- Herbert W. Stupp

additional slots were unfilled in 2009

In addition to the New York Loves Safe Babies materials listed earlier in this Report, several other publications related to the Trust Fund are also available. Copies can be downloaded or requested through the OCFS website at www.ocfs.state.ny.us.

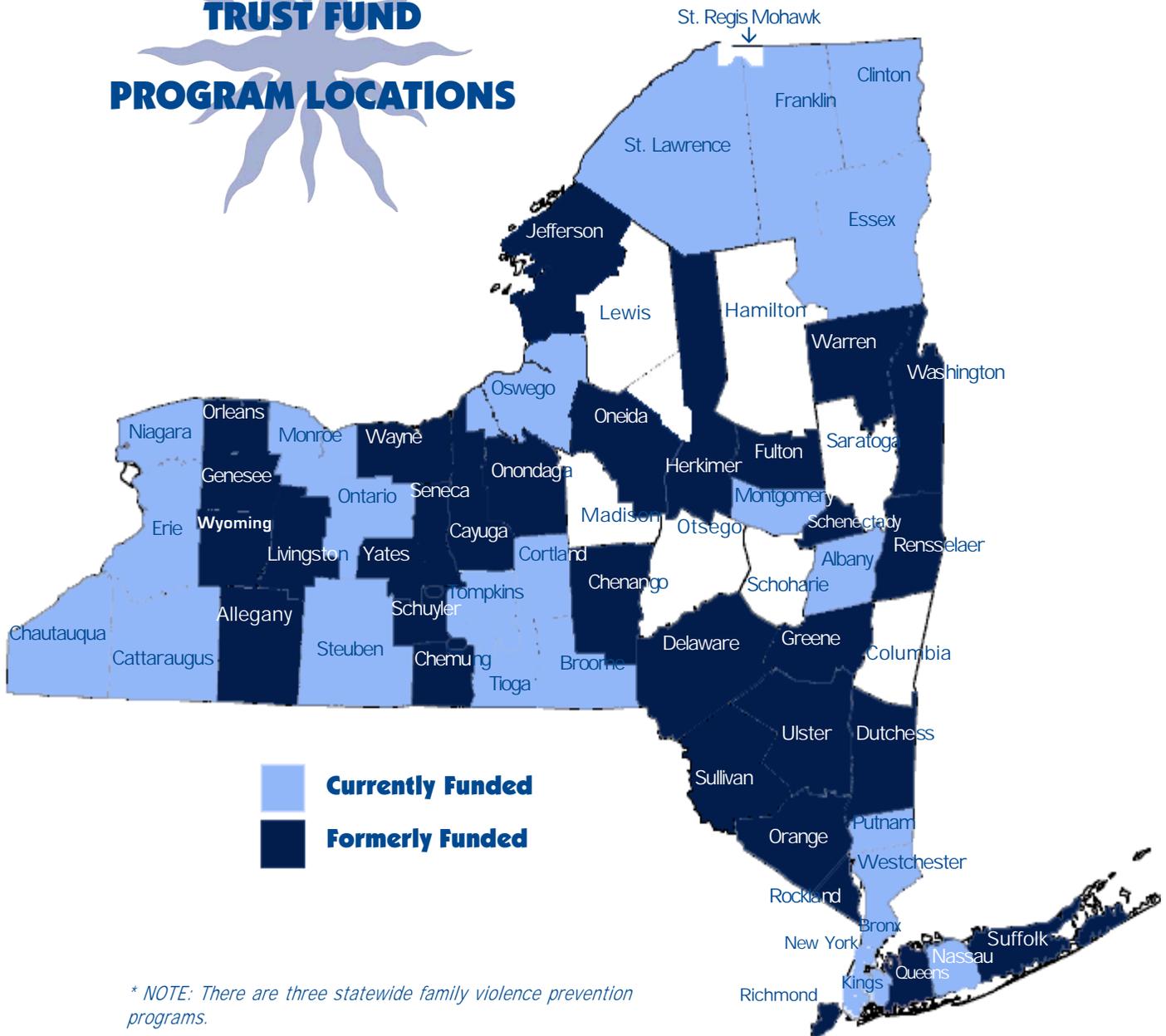
- 2008 Trust Fund Annual Report
- New York State Family Resource Center Network Brochure (OCFS Pub. 5070)
- Guidelines for New York State Family Resource Centers (OCFS Pub 5071)



NEW YORK STATE
CHILDREN & FAMILY TRUST FUND

"Strengthening New York's Families"

**TRUST FUND
PROGRAM LOCATIONS**



** NOTE: There are three statewide family violence prevention programs.*

Since 1986, the Trust Fund has funded 252 projects across New York State. The map illustrates the current statewide distribution of programs.

The William B. Hoyt Memorial Children and Family Trust Fund has been supporting essential family violence prevention programs since 1986.

